

October's Houseparty Theme

Rest. It's something promised to us by chocolate bars, holiday companies, and makers of mattresses and pillows. But with all this 'rest' around 1 in 4 young people still report problems with stress and anxiety. What habits can you get into now that reduce stress and help you enjoy life in the future?

Over 2000 years ago, A Jewish Rabbi called Jesus gave an invitation to his followers; "Come to me, all you who are weary and burdened, and I will give you rest." What if these ancient words provide a key to truly experiencing rest in 2018? What if you discover something about enjoying life in ways you never thought possible? We'll explore all this and more at Letton Hall!

Welcome

If you have never been on the Letton Hall Houseparty (LHH) before – the price includes your 3 nights (but 4 days) stay at Letton, food, transport from Peterborough and all the activities! We have the old classics that make Letton the place to be; such as go-karting, sports, the wide game, Letton time, music, seminars, activity workshops, worship and teaching, plus all the after-hours entertainments. You just can't miss it! Who qualifies for Letton? LHH is open to young people in school years 7 - 13.

GUEST SPEAKER Jason Royce

Jason has been a youth worker for 18 years. He runs a youth organisation (Souster Youth) making a stand for good mental health and healthy relationships in local schools. Jason also helps people explore faith and how to follow the way of Jesus. He's married to Katy and lives in Thrapston. Jason likes; deep conversations about big

ideas, being outside by a fire, and reading theology. He dislikes; traffic, cleaning the bathroom, and pigeons.

About Letton Hall

Letton Hall, a converted Georgian country house, is a Christian Conference Centre in rural Norfolk. It has been in operation as a Christian Centre for over 30 years, during which time it has provided a wonderful facility for thousands of people who have come to Letton as Churches, youth groups, schools and individuals. Letton Hall is set in the heart of the Norfolk Countryside within 10 beautiful acres.

Who Organizes Letton Houseparty?

LHH is organized and run by Crops – a registered charity that has been working in Peterborough since 1989, running residential trips for young people, as well as being an educational resource to Primary and Secondary Schools. Over 20 local churches from across the denominational spectrum support **Crops**. All leaders for the LHH are drawn from local Churches and are DBS checked. Matt Wild is the Director of Crops and all non-booking enquiries regarding LHH should go to him.

£105 **Early Bird**

for bookings received up to 20 August 2017

£115 STANDARD RATE

for bookings received up to 14 October 2017

£130 LATE RATE for bookings received after 14 October 2017

SIBLING DISCOUNT on the above rates when booking three or more children from the same family

To book please contact the **crops** office

hello@crops.org.uk 01733 352701

#LettonOct17 #rest







••• crops.org.uk



